

## Course Assessment - Part A: Your Plan

COMPLETE

#759

Please select your course and name from the drop-down menu. If your course or name are incorrect or missing, contact the Curriculum and Assessment Administrative Assistant, 541-506-6037 or [swade@cgcc.edu](mailto:swade@cgcc.edu).

ECE222- Resilience & Wellness for Educators- Susan Witt- Part A- Fall 2025

**\* Part A: Your Plan DIRECTIONS 1. Choose three of your course outcomes to assess and report on this term (these will also be used in your Student Course Evaluation survey): Outcome #1**

Outcome #2: Explain how managing their own resilience, self-efficacy, mental health, and wellness is critical to the effectiveness of their work

**\* Outcome #2**

Outcome #3: Examine how wellness and resilience practices can positively support children and transform classroom culture

**\* Outcome #3**

Outcome #4: Advocate for, and model wellness and resilience practices for children and educators

**Have you completed an assessment for this course prior to this term?**

No

**If yes, are you assessing different outcomes?**

No

**Comments:**

(No response)

**2. To which degree(s) or certificate(s) does your course map? Degree, Certificate, & Program Outcomes**

Associate of Applied Science - Early Childhood Education

**\* Method of Assessment 3. What methods will be used to assess individual student understanding of each of these outcomes? (Please be specific.) Outcome #1: Method to assess student understanding**

In week 8, students will build goals for themselves about resiliency.

**\* Outcome #2: Method to assess student understanding**

Students will comment on their learning in forum discussions regarding the materials covered in class. They will reflect on their own triggers and how they can respond to those triggers in their week four assignment.

**\* Outcome #3: Method to assess student understanding**

Students will write a mission statement for their teaching practice. Students will learn and practice regulation skills for themselves and the students in week 4 and comment in their forum.

**\* 4. How will you know if you were successful in your efforts to teach this outcome? Outcome #1:**

Students will reflect on how their mission statement helps guide them through difficult situations in work and at home in week 6.

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**\* Outcome #2: How will you know if you were successful in your efforts to teach this outcome?**

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In week 7 students will develop an action plan for a student in their classroom and reflect on its effectiveness in week 10. In addition, in week 10, they will determine how the course influenced their understanding from a statement they reflected on in the first week of class.

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**\* Outcome #3: How will you know if you were successful in your efforts to teach this outcome?**

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Students will complete a final project synthesizing their learning in chosen topics.

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**5. Instructor Questions: Create two course specific questions to be included on the Student Course Evaluation. Question #1**

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What have you learned in this course about helping students maintain self regulation and connection in the classroom?

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**Question #2**

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What practices will you put in place to assist yourself in staying resilient and well regulated as a teacher?

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**Do you require the names of students who complete the course evaluation survey? (Please note: names will be sent to instructors the Thursday before term ends)**

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Yes

Reminder, when completing Part B, instructors will be asked the following questions: Describe anything you did to assist the institutional effort to support students in improving achievement of the specified criteria for the following Institutional Learning Outcomes (ILO): 1. ILO#1 - Communication - "Content Development" and/or "Control of Syntax and Mechanics" 2. ILO#2 - Critical Thinking/Problem Solving - "Evidence" and/or "identify strategies" 3. ILO#4 - Intercultural Knowledge and Competence - "Openness" (Encouraging our students to "Initiate and develop interactions with culturally different others") 4. ILO#5 - Community and Environmental Responsibility 5. ILO#3 - Quantitative Literacy - "Application/Analysis" and/or "Assumptions"

(No response)