Please select your course and name from the drop-down menu. If your course or name are incorrect or missing, contact the Curriculum and Assessment Administrative Assistant, 541-506-6037 or swade@cgcc.edu.

FN 225- Nutrition- Amanda Holdiman- Fall 2023

# \* Part A: Your Plan DIRECTIONS 1. Choose three of your course outcomes to assess and report on this term (these will also be used in your Student Course Evaluation survey): Outcome #1

Analyze and critique a personal 3-day diet survey and modify food intake to meet recommended guidelines.

# \* Outcome #2

Describe the nutrient and non-nutrient recommendations for reducing the risk of major diseases where diet is a significant risk factor.

#### \* Outcome #3

Analyze the "Nutrition Facts" panel of a food label and calculate nutrient content.

#### Have you completed an assessment for this course prior to this term?

No

#### If yes, are you assessing different outcomes?

No

#### Comments:

(No response)

## 2. To which degree(s) or certificate(s) does your course map? Degree, Certificate, & Program Outcomes

Not Sure

# \* Method of Assessment 3. What methods will be used to assess individual student understanding of each of these outcomes? (Please be specific.) Outcome #1: Method to assess student understanding

Assignments: 3-day Food Journal/Analyzed Food Journal

#656

COMPLETE

# \* Outcome #2: Method to assess student understanding

Cooking Video Assignments; Chronic Disease research paper

### \* Outcome #3: Method to assess student understanding

Label/Ingredient List Video Assignment

# \* 4. How will you know if you were successful in your efforts to teach this outcome? Outcome #1:

80% of students will achieve a minimum of 70% on each assignment.

### \* Outcome #2: How will you know if you were successful in your efforts to teach this outcome?

80% of students will achieve a minimum of 70% on each assignment.

### \* Outcome #3: How will you know if you were successful in your efforts to teach this outcome?

80% of students will achieve a minimum of 70% on this assignment.

# 5. Instructor Questions: Create two course specific questions to be included on the Student Course Evaluation. Question #1

Did you find the written materials and lectures to be helpful in moving you forward in your understanding of nutrition-related topics?

### Question #2

Did the assignments required enable you to move forward in your understanding of nutrition-related topics?

# Do you require the names of students who complete the course evaluation survey? (Please note: names will be sent to instructors the Thursday before term ends)

NO

Reminder, when completing Part B, instructors will be asked the following questions: Describe anything you did to assist the institutional effort to support students in improving achievement of the specified criteria for the following Institutional Learning Outcomes (ILO): 1. ILO#1 - Communication -"Content Development" and/or "Control of Syntax and Mechanics" 2. ILO#2 - Critical Thinking/Problem Solving - "Evidence" and/or "identify strategies" 3. ILO#4 - Cultural Awareness -"Openness" (Encouraging our students to "Initiate and develop interactions with culturally different others") 4. ILO#5 - Community and Environmental Responsibility - "Understanding Global Systems" and/or "Applying Knowledge to Contemporary Global Contexts" 5. ILO#3 - Quantitative Literacy -"Application/Analysis" and/or "Assumptions"

(No response)