Course Assessment - Part A: Your Plan #412

Your Email *	
Please select your course & name from the drop-down menu. If your course or name are incorrect or missing, contact the Curriculum and Assessment Administrative Assistant, 541-506-6037 or ggilliland@cgcc.edu.	FN 225 - NUTRITION - 1094644 - Jack Brook - Fall 2019
Part A: Your Plan DIRECTIONS 1. Choose three of your course outcomes to assess and report on this term (these will also be used in your Student Course Evaluation survey): Outcome #1 *	Analyze the "Nutrition Facts" panel of a food label and calculate the nutrient content.
Outcome #2 *	Analyze and critique a personal 3-Day diet survey and modify food intake to meet recommended guidelines.
Outcome #3 *	Describe the nutrient and non-nutrient recommendations for reducing the risk of major diseases where diet is a significant risk factor.
Have you completed an assessment for this course prior to this term?	Yes
If yes, are you assessing different outcomes?	Yes
Comments:	Outcomes will be the same only using different assessment criteria.

2. To which degree(s) or certificate(s) does your course map? Degree, Certificate, & Program Outcomes	• Associate of Applied Science - Nursing (OCNE)
Method of Assessment 3. What methods will be used to assess individual student understanding of each of these outcomes? (Please be specific.) Outcome #1: Method to assess student understanding *	Exam: Students will be able to define and calculate Nutrient Density using Nutrition Facts food labels.
Outcome #2: Method to assess student understanding *	Assignment: Students will be able to use their 3-Day food intake data to calculate and determine Total, Saturated, Polyunsaturated, and Monounsaturated fat.
Outcome #3: Method to assess student understanding *	Exam: Students will be able to list three nutritional anti-promoters of Cancer and explain why/how they anti-promote.
4. How will you know if you were successful in your efforts to teach this outcome? Outcome #1: *	80% of students will be able to earn at least 4 out of 6 points on an exam by defining Nutrient Density and calculating the Nutrient Density of two different labels to determine which one is more nutrient dense.

Outcome #2: How will you know if you were successful in your efforts to teach this outcome? *	80% of students will be able to earn 14 out of 20 points on a written assignment by using their own food intake data from a three day diet diary to calculate and determine Total, Saturated, Polyunsaturated, and Monounsaturated fat. Intakes would then be manipulated so that Total Fat is <30% calories from fat and each of the other types of fat would be 1/3 of the Total Fat %.
Outcome #3: How will you know if you were successful in your efforts to teach this outcome? *	80% of students will be able to earn 5 out of 6 points on an exam by listing 2 anti-promoter nutrients related to Cancer risk. Students will then explain why they are considered anti-promoters.
5. Instructor Questions: Create two course specific questions to be included on the Student Course Evaluation. Question #1	I have increased my knowledge of how to read and interpret information on a Nutrition Facts food label
Question #2	I am more aware of my nutritional intake and understand changes that I could make to reduce health risks.
Do you require the names of students who complete the course evaluation survey? (Please note: names will be sent to instructors the Thursday before term ends)	Yes
Reminder, when completing Part B, instructors will be asked the following questions: Describe anything you did to assist the institutional effort to support students in improving achievement of the specified criteria for the following Core Learning Outcomes (CLO): 1. CLO#1 - Communication - "Sources and Evidence" and/or "Organization and Presentation" 2. CLO#2 - Critical Thinking/Problem Solving - "Student Position" and/or "Evaluate Potential Solutions" 3. CLO#4 - Cultural Awareness - "Curiosity" (Encouraging our students to "Ask deeper questions about other cultures and seek out answers to these questions") 4. CLO#5 - Community and Environmental Responsibility - "Understanding Global Systems and/or "Applying Knowledge to Contemporary Global Contexts"	

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