

Course Assessment – Part A: Your Plan

#253

Your Email *

Please select your course & name from the drop-down menu. Contact Instructional Services if your course or name are incorrect or missing

PE 182H – Adult Fitness Curves The Dalles – 1091696 – Bringman – Fall 2017

Part A: Your Plan
[Directions](#)

Demonstrate improved physical conditioning

1. Choose three of your course outcomes to assess and report on this term (these will also be used in your Student Course Evaluation survey):

Outcome #1 *

Outcome #2 *

Design a lifelong fitness program

Outcome #3 *

Recognize and apply the value and benefits of physical fitness

Have you completed an assessment for this course prior to this term? Yes

If yes, are you assessing different outcomes? No

Comments:

2. To which degree(s) or certificate(s) does your course map?

[Degree, Certificate, & Program Outcomes](#)

- Associate of Arts Oregon Transfer
- Associate of Science
- Associate of Applied Science – Electro-Mechanical Technology
- Electro-Mechanical Technology Certificate

Method of Assessment

Demonstrations of using each machine accurately and getting improved reps per machine

3. What methods will be used to assess individual student understanding of each of these outcomes? (Please be specific.)

Outcome #1: Method to assess student understanding *

Outcome #2: Method to assess student understanding *

Discussion on the value of a fitness program and how they feel it has improved their fitness level since starting

Outcome #3: Method to assess student understanding *

Recording of improvement in weight and inches to show the outcome of consistent fitness program

4. How will you know if you were successful in your efforts to teach this outcome?

All students earning a B.

Outcome #1: *

Outcome #2: How will you know if you were All students earning a B.

successful in your efforts to teach this outcome? *

Outcome #3: How will you know if you were successful in your efforts to teach this outcome? * All students earning a B.

5. Instructor Questions: Create two course specific questions to be included on the Student Course Evaluation.
Question #1 Did you see results within your body during this course?

Question #2 Do you feel that the course was right for you and would you take it again?

Do you require the names of students who complete the course evaluation survey? NO

Reminder, when completing Part B, instructors will be asked the following questions:

1. Describe anything you did to support the institutional effort to support students in improving "Sources and Evidence" and/or "Organization and Presentation" for the CLO Communication

2. Describe anything you did to support the institutional effort to support students in improving "Student Position" and/or "Evaluate Potential Solutions" for the CLO Critical Thinking/Problem Solving

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