

Course Assessment – Part A: Your Plan

#218

Your Email *

Please select your course & name from the drop-down menu. Contact Instructional Services if your course or name are incorrect or missing

PE 182H – Adult Fitness – Bringman – Spring 2017

Part A: Your Plan
[Directions](#)

Demonstrate improved physical conditioning

1. Choose three of your course outcomes to assess and report on this term (these will also be used in your Student Course Evaluation survey):

Outcome #1 *

Outcome #2 *

Design a lifelong fitness program

Outcome #3 *

Recognize and apply the value and benefits of physical fitness

Have you completed an assessment for this course prior to this term?

No

If yes, are you assessing different outcomes? No

Comments:

2. To which degree, certificate or program outcomes do these course outcomes map?
[Degree, Certificate, & Program Outcomes](#)

- Not Sure
- HEALTH SCIENCES

Method of Assessment

Demonstrations of using each machine accurately and getting improved reps per machine.

3. What methods will be used to assess individual student understanding of each of these outcomes? (Please be specific.)

Outcome #1: Method to assess student understanding *

Outcome #2: Method to assess student understanding *

Discussion on the value of a fitness program and how they feel it has improved their fitness level since starting.

Outcome #3: Method to assess student understanding *

Recording of improvement in weight and inches to show the outcome of consistent fitness program.

4. How will you know if you were successful in your efforts to teach this outcome?

All students earning a B.

Outcome #1: *

Outcome #2: How will you know if you were successful in your efforts to teach this

All students earning a B.

outcome? *

Outcome #3: How will you know if you were successful in your efforts to teach this outcome? *

All students earning a B.

5. Instructor Questions: Create two course specific questions to be included on the Student Course Evaluation.
Question #1

Did you feel value in what you learned in your PE Class?

Question #2

Is it more beneficial to your to have a coach/trainer available at all times?

Do you require the names of students who complete the course evaluation survey? *

- Yes

Created 9 May 2017 12:17:30 PM		Updated 9 May 2017 2:45:27 PM
PUBLIC		COLUMBIAGORGECC