

# Course Assessment – Part A: Your Plan

#72

Your Email \*

Please select your course & name from the list. Contact Instructional Services if your course or name are incorrect or missing

PE 182H – Sturdyvin

Outcome #1 \* Improve physical conditioning

Outcome #2 \* Develop lifelong fitness skills

Outcome #3 \* Recognize and apply the value and benefits of physical activities

Have you completed an assessment for this course prior to this term? No

If yes, are you assessing different outcomes? No

Comments:

2. To which degree, certificate or program outcomes do these course outcomes map? Degree, Certificate & Program Outcomes can be found at:  
<http://www.cgcc.edu/curriculum/program-outcomes>

- Associate of Arts Oregon Transfer
- Associate of Science
- Associate of General Studies

Outcome #1 Method to assess student understanding \*

Records of their exercise, final exit interview questionnaire and personal final interview

Outcome #2 Method to assess student understanding \*

Assess strength and conditioning progress by reviewing log records and discussion at final interview about critical benefits of regular exercise

Outcome #3 Method to assess student understanding \*

Review information on final questionnaire and discuss knowledge developed over the term about benefits of regular exercise and how it will improve long term health effects.

4. How will you know if you were successful in your efforts to teach this outcome? 75% will pass the class with a C or better

Outcome #1 \*

How will you know if you were successful in your efforts to teach this outcome? 75% will pass the class with a C or better

Outcome #2 \*

How will you know if you were successful in your efforts to teach this outcome? 75% will pass the class with a C or better

Outcome #3 \*

#1 Is there any activity you would like to see at the TDFCC?

#2 What was your best experience at the club and where would you like to see improvement?

Do you require the names of students who complete the course evaluation survey? \* • No

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