

Support To Expectant and Parenting Students

Two Generation Approach

STEPS focuses on:

- Health and Well-Being
- Concrete Supports
- Education
- Economic Assets
- Social Capital

for young pregnant and parenting community college students and their children



STEPS Mission

STEPS builds holistic, trauma-informed, culturally responsive systems for expectant and parenting community college students to achieve academic, economic and health goals.

Consent for Referral

Columbia Gorge Community College follows all applicable state and federal laws, rules, and regulations that apply to student records. The Family Education Rights and Privacy Act (FERPA) is a federal law that prohibits the release of student information to anyone but the student without the student's written consent. FERPA protects the information of all students enrolled in postsecondary institutions, including minors under the age of 18 years.

- I hereby authorize CGCC to release directory level information from my educational records, for referral purposes, to authorized community health personnel working with the STEPS grant.

Name: _____ Signature: _____

Phone: _____ Email: _____ Date: _____

Program Domains

Health Care Services: Personal Health	Child Health	Self-Sufficiency, Education & Employment	Concrete Supports	Parenting Supports
Mental and Behavioral Health Services	Health Care: Well Child & Dental Visits	College Planning/ School Connectedness	Benefits: WIC/ SNAP/TANF	Healthy Relationship Education
Violence Prevention and Intervention Services	Child Care Resources, Referrals, and Placement	Mentorship/ Academic supports/ School Connectedness	Safe and Stable Housing	Parenting Education and Resources
Health Insurance – Enrollment and other Supports	Early Childhood Education/ Head Start/ Child Care Resources	Vocational Training/ Workforce Development	Transportation	Communication Skills
Breastfeeding skills and Resources	Adoption and Foster Care Services	Job Readiness/ Job Placement	Accompaniment Services	Stress Management Support
Reproductive Health	Health Insurance	Life Skills/Adult Literacy	Clothing	
Primary Health Care	Health Literacy		Child Support	
Prenatal Care, Childbirth Classes, Delivery Care and Postnatal Care	Nutritional Counseling and Services		Child Needs (diapers, formula, bottles, car seats)	
Oral Health Care/Dental Hygiene			Food Support	
Nutritional Counseling and Services			Health Insurance	
Self-Care (Yoga, mindfulness)				
Social and Emotional Well-Being				
Substance Abuse Prevention and Counseling				

For more information:

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Local Community College STEPS

Pilot Sites:

- Chemeketa Community College
- Columbia Gorge Community College
- Klamath Community College
- Linn-Benton Community College



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